

Southern Europe

TRAVEL CHECKLIST



OUTFIT PLAN

- Lightweight tops (tees, linen shirts, & tank tops)
- Airy dresses or skirts, or lightweight button up
- Light sweater, wrap, or jacket/hoodie
- Comfortable pants (jeans and/or linen pants)
- Dressier outfit for dinners or nights out
- Swimwear, hat, & sunglasses
- Comfortable walking shoes, sandals, & dressier shoes
- Sleepwear, undergarments, & socks



SKIN CARE:

- Broad-spectrum sunscreen & after-sun
- Lip balm with SPF & moisturizer
- Skincare basics & toiletries
- Makeup



ESSENTIALS:

- Universal power adaptor with plug adaptors
- Portable charger
- Reusable water bottle
- Umbrella (optional)
- Headphones/earbuds
- Small daypack or crossbody bag
- Download offline maps



DOCUMENTATION:

- Passport/ID
- Travel insurance information
- Hotel booking confirmation
- Transportation tickets (plane, driver, etc.)



HEALTH & SAFETY:

- First aid kit (including band-aids, antiseptic wipes, and pain relievers)
- Prescription medications
- Hand sanitizer and disinfecting wipes



MISCELLANEOUS:

- Laundry bag
- Travel steamer/iron
- Camera or GoPro