

Northern Europe

TRAVEL CHECKLIST



OUTFIT PLAN

- Lightweight tops (tees, long sleeves, breathable layers)
- Warm mid-layers (fleece, sweater, or soft quarter-zip)
- Waterproof jacket
- Comfortable pants (jeans, travel pants)
- Dressier outfit for dinners or nights out
- Scarf, hat, & gloves
- Comfortable walking shoes, boots, & dressier shoes
- Sleepwear, undergarments, & socks



SKIN CARE:

- Broad-spectrum sunscreen (SPF 30 or higher)
- Lip balm with SPF & moisturizer
- Skincare basics & toiletries
- Makeup



ESSENTIALS:

- Universal power adaptor with plug adaptors
- Portable charger
- Reusable water bottle
- Umbrella or rain cover
- Headphones/earbuds
- Small backpack or day bag
- Download offline maps



DOCUMENTATION:

- Passport/ID
- Travel insurance information
- Hotel booking confirmation
- Transportation tickets (plane, driver, etc.)



HEALTH & SAFETY:

- First aid kit (including band-aids, antiseptic wipes, and pain relievers)
- Prescription medications
- Hand sanitizer and disinfecting wipes



MISCELLANEOUS:

- Laundry bag
- Travel steamer/iron
- Camera or GoPro